

Volunteer Role Profile

Volunteer Role	Community Young Leader
Volunteer Manager	Youth Coordinator
Where you will be based	Community

Why we want you

As Diabetes UK's leading charity, it's our job to tackle the diabetes crisis. We're here to prevent type 2 diabetes, campaign for and support everyone affected by diabetes, and fund research that will one day lead us to a cure.

This is an exciting opportunity for young people aged 18-25 with Type 1 Diabetes to be trained and supported to become peer support volunteers. This role specifically is focused on creating, coordinating and running local community groups for young people in your area. This opportunity is for young people in Glasgow, Ayrshire and Arran, and Lothian. You will be given support and training to become a buddy to another young person with type 1 diabetes. You will be helping people talk about their emotional wellbeing through fun and interactive activities online. This is part of a peer support project that aims to connect people on an individual level, a community level and at a national level.

What you will be doing

- Attend project activities and meetings with the other peer supporters over zoom. Working with the group of peer supporters and the Youth Coordinator to design and oversee the project.
- Share ideas about what and views about what would make a difference to the life of young people with Type 1 Diabetes.
- Plan and run activities online for your local group
- Host two meetings of local young people with Type 1 Diabetes in your local area on Discord (full training will be given).
- Assist the Youth Coordinator in design activities and planning sessions with your groups online.
- Assist the Youth Coordinator in gathering evaluation of the project and activities from your groups.
- Take part in evaluation of your time on the project

The skills you need

- Between 18 and 25 years of age and have experience of living with Type 1 Diabetes
- Confident in talking and listening to people and passionate about helping people
- Enthusiastic about working in a team and sharing your own thoughts and

ideas

- Passionate about raising awareness of diabetes
- Committed to Peer Support and to creating a space to meet with others.
- Able to be a supportive and non-judgemental team member

What's in it for you

- The opportunity to be a part of a team of young people supporting other young people with type 1 diabetes
- Be part of a team that will make a real difference to young people living with Type 1 diabetes in Scotland
- Training to support you to develop and deliver the project activities
- The opportunity to learn new skills and be supported by the Youth Coordinator to develop new skills and run the peer support activities you are a part of.
- The opportunity to develop teamwork, project planning, peer support skills, leadership, event planning and many more transferable skills to help you find your future employment
- Reimbursement of out of pocket expenses incurred while carrying out activities for Diabetes UK, e.g. travel, lunch. (As our activity at the moment will be online, these expenses will be very minimal until restrictions are lifted and it is safe to be out in person)
- Opportunity to attend our Volunteer Conference and feed into what Diabetes UK are doing
- The opportunity to be as involved as flexibly as you can

Disclaimer

We are committed to ensuring that our volunteer recruitment is fair, safe and consistent. The recruitment and selection process must therefore be appropriate to the nature of the role. Some roles may require a more in-depth selection process, for example those working with children or vulnerable adults. Your volunteering contact will be able to explain more about this.

This role will require references. Successful applicants will be required to apply for membership of the Protection of Vulnerable Groups (PVG) scheme.

We will invite successful applicants to an interview, by either telephone, Zoom or Teams- which ever suits you best, so that we can get to know each other a bit more and talk more about the Peer Support project.