

# Volunteer Role Profile

Volunteer Role	<b>Our Lives Our Voices Young Leader</b>
Volunteer Manager	<b>Youth Coordinator</b>
Where you will be based	<b>Community</b>

## Why we want you

Diabetes UK Northern Ireland has been successful in securing funding from the National Lottery Community Fund - Empowering Young People (formerly known as the Big Lottery Fund NI) to deliver a the Our Lives, Our Voices project for young people aged 13-25 years living with Type 1 diabetes in Northern Ireland.

Over a four year period, we're aiming to run a range of activities that will help young people boost their confidence and emotional wellbeing in managing Type 1 Diabetes, connect with other young people living with Type 1, build a peer support network and support young people to influence the way healthcare services are provided for young people.

We are looking for young people living with Type 1 diabetes between the ages of 18 – 25 years old. As a young person living with Type 1 diabetes, you are central to the success of this project. We are asking you to take the lead, help us plan and design these activities and tell us what matters most to young people. We will also set up a Youth-Led Steering Group and we're looking for five volunteers with Type 1 to join the Steering Group.

## What you will be doing

- Attend Young Leader activities/events/meetings (at least once a month either face to face or through the use of SKYPE etc..) Work with a group of other young people with Type 1 and the Youth Coordinator to shape the design and running of the project
- Be prepared to put forward ideas and views about what would make the biggest difference to young people with Type 1
- Take part in workshops and other youth work/group work activities as agreed
- Help to promote the project on social media
- Act as a positive ambassador for the 'Our Lives, Our Voices' project
- Become a Mentor supporting other young people to carry forward the legacy of this project

## The skills you need

- Aged 18-25 and living with Type 1 diabetes
- Open to sharing their experiences and ideas about what matters to young people living with Type 1 Diabetes

- Willing to work in a group and be supported to deliver talks to healthcare professionals and members of the public
- Enthusiastic about making a difference to people living with Type 1 Diabetes
- Living in one of the five NI Health and Social Care Trusts (HSCTs) to influence and help deliver the project. (We will recruit 4 to 5 Youth Leaders from each Trust area)
- Willing to have some fun along the way

### **What's in it for you**

- The opportunity to be part of a project which will improve the confidence and, support networks of other young people living with Type 1 Diabetes and how they interact with Health Care Professionals
- Volunteer induction, ongoing training and opportunities for further development throughout your time with the project
- Ongoing support and supervision to meet your needs as a volunteer
- The chance to develop your employability and citizenship skills and meet other people living with Type 1 Diabetes
- An opportunity to work with the local Diabetes UK Northern Ireland team to make a real difference for young people living with Type 1 Diabetes
- The opportunity to learn new skills
- Reimbursement of out of office expenses incurred while carrying out activities for Diabetes UK, e.g. travel, lunch